

An
Inaugural Essay
on
Balanology
for
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by
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of
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By the term, bubonocoele, or inguinal hernia, surgeons understand the protrusion of some of the viscera of the abdomen, into a sac, formed by an elongation of the peritoneum, passing out of one of the rings of the abdomen.

Before describing the causes, and effects of the above disease, I conceive it requisite, to describe the anatomy of the parts, concerned in this species of hernia.

After the integuments of the abdomen are removed, we observe a thin, but compact sheet of cellular substance, covering the abdominal muscles, which, modern anatomists have named the superficial fascia. Beneath this fascia, may be seen an artery, termed, arteria ad eunt abdomenis, passing over Poupart's ligament, and running towards the umbilicus; it is a branch of the femoral; and, from its intimate relation with the operation for the above disease, it should be particularly noticed, in the dissection of the parts. Under this fascia, lies the tendon of the

external oblique muscle, the doubling of the lower
 margin of which, constitutes Poupart's ligament;
 it takes origin from the anterior, superior, spine
 of the ilium, and, is inserted into the body and
 crest of the pubis: the last insertion is called Gim-
 bernati's ligament; as it approaches this bone, it
 splits into two columns, leaving a triangular space
 between, called the external abdominal ring, out
 of which, emerges the spermatic cord. When the
 tendon of the above named muscle is removed,
 we bring into view the internal oblique muscle,
 which arises from the iliac, or, outer half of Poupart's
 ligament, and, is inserted into the pubis, just
 behind the external abdominal ring. From the
 edge of this muscle, in part, arises the cremaster
 muscle, which covers the spermatic cord, and de-
 scends with it into the scrotum. After removing
 the internal oblique, we bring into view the -
 Transversalis muscle, which arises, also, from the
 iliac half of Poupart's ligament, and is also in-
 serted into the pubis, in company with internal

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oblique; it does not cover so much of the cord, as the last named muscle. The above named muscles cover the abdomen, and assist in supporting the viscera; from the manner, in which, the two last are formed, this support would not be sufficient, were it not for an additional structure of condensed cellular substance, interposed between the muscles and peritoneum, which is the fascia Transversalis. In this fascia, about midway between the anterior superior spine of the ilium, and symphysis pubis, an opening is made, by the passage of the cord, called, the internal abdominal ring; at the inner side of this ring, we find the epigastlic artery; -- which, therefore, runs between the two abdominal openings. From the above account of the anatomy of the parts, concerned in this disease, it appears, that there ^{are} two rings on each side of the abdomen, the external, formed by the splitting of the tendon of the external oblique, and the internal, by the above mentioned opening in the fascia Transversalis.

To make this structure more intelligible, it will be necessary, to recollect, that these rings are distant from each other, in an adult person, about one inch and a half; the space between is called the abdominal canal, for the passage of the spermatic cord. This cord enters the internal ring, passes obliquely downwards, and forwards, under the edges of the internal oblique, and transversalis, until it reaches the external ring, when, its course is more perpendicular, passing into the Scrotum.

If we reflect for a moment, the reason is very obvious, why, the cord does not perforate the internal oblique and transversalis muscles; as, they are deficient or wanting, from the inner half of Deshay's ligament, to their insertion. If a dissection be made of the coverings and contents of an inguinal hernia, the parts will be presented in the following order; the integument; the superficial fascia; the cremaster muscle; and, the hernial sac, which contains the protruded parts. Inguinal hernia is more common, than either of the other species; occurring, mostly, in the Male sex:

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and, also more frequently on the right side; it is divided into reducible, irreducible, and strangulated a hernia. The reducible is that state, in which, the protruded parts are, easily, returned by the patient. By the irreducible, we understand, a permanent protrusion; resulting, either, from the bulk of the parts, or, from adhesions between the sac and its contents. By strangulated, we mean that state, in which, the parts are confined by a stricture, producing the most alarming symptoms until that stricture be removed. Hernia, also receives different appellations, according to the contents of the sac. If it contain intestines, it is called, an enteric; if omentum, epiploic; and, if both unite to form the tumour, it is styled, an enter-epiploic. Every hernia is furnished with a sac, which is, merely an elongation of the peritoneum, pushed before the protruded viscera. Surgeons have divided it, into the mouth, neck, and fundus. That portion, communicating directly with the abdomen, is its mouth; the part, immediately surrounded by the parietes of the ring, is called the neck, and,

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the lower extremity, its funding. The causes of hernia are either predisposing, or exciting; the former are a preternatural laxity of the parts, and a hereditary conformation. The exciting causes are severe exercise, as running, jumping, lifting, or carrying heavy weights, or, by vomiting, or, long constipation, or, by blows on the abdomen, also, by straining at stool, particularly if the abdomen should happen to be distended, at the time the injury was received. Symptoms:—The reducible hernia may be known, by the tumour being smaller in the recumbent, than in the erect posture; by the patients being able to return the protruded parts into the abdomen, when placing himself on his back; and by the swelling increasing after eating, or when he is flatulent.

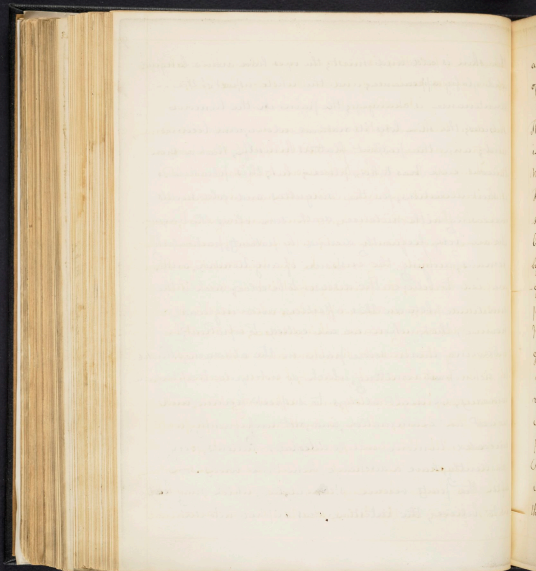
The contents of a reducible hernia may be ascertained by the following circumstances; if the surface of the tumour be uniform, and elastic to the touch, if tense and enlarges, when the patient coughs, and the contents pass into the abdomen at once,

with a peculiar noise, it is then known to be intestinal, and, is called an Enterocele. If the tumor, on the contrary, imprints to the finger, a doughy sensation, is flabby, and moves on the surface, and, the parts pass up gradually, and with difficulty, the case may be considered, an Epiplocele. If ^{at} the contents slip up with a gurgling noise, leaving behind something, which is, with difficulty, returned, then, we style it, an EnteroEpiplocele.

Inguinal hernias may be mistaken for Hydroceles, or Epiploceles: it may be distinguished from the former, by the tumor always commencing at the lower part of the scrotum, and, gradually, ascending towards the abdominal ring; while hernias, always, commences above, and descends into the scrotum. But, with the latter, a Epiplocele, our diagnostics are not so clearly pointed out; as the tumor, in enterocele, commences above at the ring, and also appears in the neck, but uterine in the recumbent position, the same as reducible hernias; our only diagnostic, is, to place the patient in the

horizontal posture, and empty the scrotum by warm direct pressure, then place a finger firmly on the upper part of the ring, and against the patient's force; if it be hernia, the tumour cannot reappear; but if encircled, the swelling returns with increased size, owing to the return of blood into the abdomen through the veins, being prevented by the pressure. An irreducible hernia may be ascertained, by the patient's not being able to return the protruded parts, either, from the adhesions between the sac and its contents, or from an enlargement of the protruded parts. The symptoms of strangulated hernia are, generally, very strongly marked; such as, sickness of the stomach, pain, in the abdomen, retching, and vomiting, hiccup, and a severe pain in the tumour. In the more violent cases, bilious and stercoraceous matters are thrown up, with a quick hard and corded pulse, tongue various, sometimes furred, at others, clean and natural. If the stricture is not speedily removed, the vomiting is exchanged for a convulsive singultus, and the pulse becomes small thready and interrupted;

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The skin is cold and moist; the eyes have now a languid and glassy appearance; and the whole aspect of the countenance is changed; the pain in the tumour subsides; the skin loses its natural colour, and becomes livid; and the patient flatters himself, that a spontaneous cure has taken place; but, this felix is of short duration, for the singultus and cold sweat increasing with violence, death soon closes the tragedy. We are very frequently deceived by patients, particularly females, denying the existence of any tumour, and, are led to believe the disease to be colic; such is the similitude between this affection and inguinal hernia; that, when we are called to a patient, labouring under severe pain in the abdomen, attended by sickness and vomiting, which do not yield to a proper remedy, we ought always to suspect hernia, and request an examination, and, not infrequently, a concealed tumour will be detected. Patients, very frequently, have a discharge from their bowels soon after the part become strangulated, which may lead us to believe, the intestine has slipped into the



abdomen, but this is nothing more than the discharge of the feces contained below the stricture part.

Treatment

The only treatment, to be relied on in a reducible hernia, is a truss, made either by Mr. Wright of Liverpool, or Mr. Hull of New York, to be worn day and night.

The treatment in irreducible hernia is, merely to support the protruded part from hanging down, and becoming more incumbered, which may be accomplished by an appropriate bag truss. In the treatment for strangulated hernia, the primary object is to replace the protruded part as soon as possible; when called to a patient labouring under this disease, we must be guided by the present symptoms and appearances.

If it be a strong adult patient, I would recommend resection, immediately, and especially; then, make use of the taxis, which is nothing but appropriate pressure with the fingers, and perform this:

After placing the patient in the recumbent posture, with his head, shoulders and knees elevated, and his thighs flexed on the pelvis, so as to relax the abdominal

Handwritten text in a cursive script, likely from a 17th or 18th-century manuscript. The text is written in a single column and appears to be a letter or a formal document. The ink is dark, and the paper shows signs of age, including discoloration and some staining. The handwriting is fluid and characteristic of the period.

muscles and fascias; then embrace the tumour with one hand, while, with the thumb and finger of the other, placed at just above the ring, move them from side to side, kneading gently, in a manner, the tumour, and, at the same time, make gentle but steady pressure, with the first mentioned hands; these efforts must be made in the course of the canal, which is upwards and outwards; all this not succeeding in the course of thirty minutes, I would next put the patient in the warm bath, and after he had remained some length of time in that situation, then resume the lavage while the patient is still in the bath; This also failing, the next step is, to apply cold application to the tumour, the best of which, is powdered ice, placed in a bladder, and put on the tumour, taking care not to freeze the part; this not being convenient, we might substitute the powdered muriate of ammoniac, and mix it with 3. to 4. of water; this application is to be made, with cloths dipped in this solution, and frequently applied to the tumour, then resume the above mentioned lavage; this not succeeding, I would recommence the operation,

believing it to be less dangerous than the tobacco enema, if early resorted to.

Before describing this operation, perhaps it may not be amiss to give the ancient method; We are told by Senacque, and Meister, that, in the time of Celsus, the surgeons never performed the operation without cutting out the testicle, or injuring its functions.

Some surgeons, after cutting with one stroke of the knife down to the sac, would pass a ligature around it, and cut the sac off, together with the testicles.

Others, after cutting to the sac, would apply the actual cautery to the part where the intestine came out, to unite the scrotum and pull it closely together, & to prevent a return of the rupture. Others would pass a large needle, armed with a strong ligature, through the scrotum, and then, placing to them the upper and inferior ends a large piece of wood, draw the ligature tight around the whole, every day until the parts sloughed off. Others, after cutting into the sac, would fill it with the whites of eggs, and continue so to do, every day, until the wound healed.

Yet nature, notwithstanding all these cruel and
harsh operations, would sometimes, perform a cure.
But surgery of the present age is founded on
anatomical knowledge, and the operations are
performed by a more scientific, skillful, and expe-
rienced hand.

The modern operation is per-
formed in the following manner
After placing the patient on a narrow table
of a convenient height, with his legs hanging
over its edge, and each foot placed in a chair,
the surgeon, takes the most convenient station,
and grasps the tumour with one hand, then
with the scalpel in the other, makes an incision
through the integument, commencing at the
upper part of the tumour, and extending it
downward to its base: This exposes the superficial
fascia, which is to be divided in a careful manner
by successive touches of the knife. In dividing this
fascia, the small cuticular artery, formerly described,
is generally cut; which may require a ligature as

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the hemorrhage should always be commanded as we proceed: This brings us to the Gracilis muscle, the fibres of which are to be carefully cut, untill we arrive at the sac, by pinching them up with our fingers, a forceps, and dividing its fibres with the knife. The next step of the operation is to be performed, by separating the sac from the intestine, and making a horizontal incision; at which a quantity of fluids generally escapes, either intestine, or amnion, or both appear at the wound, this opening is to be enlarged, and the protruded parts examined, and if found in a proper condition, to be returned into the abdomen; a finger of either hand may be introduced between the sac and protruded parts, to search for the stricture, which will either be found at the external ring, the internal ring, or the mouth of the sac: After ascertaining the point of stricture, sometimes, by appropriate pressure with the fingers, the protruded part may be returned without dividing the stricture.

But, if this fail, the Surgeon introduces a probe pointing his finger, with the flat-side between the sac and its contents, until it reaches the stricture; he then turns up the cutting edge of the instrument, and divides the stricture directly upwards, to avoid the Esophageal artery; sometimes, a very small incision will be sufficient, to liberate the part. As soon as this is accomplished, gentle and appropriate pressure will restore the protruded part, unless the intussusception be confined by a membranous band; in that case, the gut should be drawn down, and the band carefully divided. The integuments are to be brought together, and retained by adhesive plaster, and a recumbent posture to be strictly enjoined during the cure; after which, a truss is to be worn constantly, to prevent a return of the part. Some Surgeons recommend the truss to be put on during the healing of the wound, to glue the sides of the sac together, and prevent a return of the hernia; afterwards, if the patient remains active, some

gentle laxative may be given, and its operation
 assisted by a mild glyster.

We should not delay the operation too long; as a
 general rule, twelve hours are sufficient to try all
 the preceding remedies; also, the smaller the
 hernia, the more violent the symptoms; and the
 greater the danger of delay: neither should we
 be deceived by a discharge of feces or flatus, and
 flatus even, or the patient, that the stricture
 has given way. Instantaneously, as this is the
 contents of the intestine below the stricture
 part, which is discharged by the stimulus of
 the stricture.

